

# Life Harmony Assessment Career

Review and answer each statement. If it is true, add 1 point. If the statement is only true “sometimes” or “usually,” **DO NOT** add a point. Only add a point if it is virtually always true. (No credit given until the statement is virtually always true.)

- 1 My work/career is both fulfilling and nourishing to me; I am not drained.
- 2 My manager, clients, and/or colleagues respect me for my expertise.
- 3 I am on a positive career path that leads to professional growth and personal satisfaction.
- 4 The employees that I interact with work well as a team.
- 5 I receive a satisfactory salary that is appropriate for the work I do.
- 6 I work in the right industry or field; it has stability and longevity.
- 7 I look forward to going to work virtually every day.
- 8 I have a healthy balance between my work and my personal life.
- 9 My work environment brings out the very best of me because it is stimulating and/or supportive.
- 10 The work I do helps me to meet my intellectual, social, and/or emotional needs.
- 11 I have the freedom to develop new ideas and strategies in my career.
- 12 I look at my career as a ministry of sorts -- I am the face of a Christian businessperson, and I make my conduct reflect God's values.
- 13 I believe that God gives me success in my career so that I can, in turn, bless others.
- 14 I am willing to consider other career paths that more closely align with my talents and abilities.
- 15 I am not forced to remain in a career that I hate to support my family or pay off debt.

Total Score 